

## PRINCESS GRILL

Lunch

### CANYON RANCH SPA SELECTIONS

Appetizer — Cream of Tomato Soup 80/3/3 (V)

Entrée — Chicken Meatball Sandwich with Marinara Sauce & Mozzarella 370/15/4

Dessert — Fresh Fruit Plate 120/tr/6

### APPETIZERS & SOUPS

Avocado & Grapefruit Cocktail, Yoghurt Ginger Cream

Mixed Herrings, Apple Carrot Slaw & Sour Cream Flan

Cream of Tomato Soup

Chilled Sweet Bell Pepper Soup, Citrus Liaison (V)

### SALAD & SANDWICH

Romaine, Frisée, Mesclun Lettuce, Choice of Dressings & CR Signature Dressing (V)

A Selection of Cold Meats is Always Available

Chicken Meatball Sandwich with Marinara Sauce & Mozzarella, French Fries

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### ENTRÉES

Rigatoni Pasta, Arugula, Sun-Dried Tomatoes, Creamy Chicken Sauce

Broiled Ocean Perch, Sautéed Spinach & Fava Beans, Nut Butter

Beef Stroganoff, Pilaf Rice, Julienne of Red Beets & Cornichons

Asian Broccoli, Cauliflower & Sautéed Green Beans

Grilled Pork Cutlet, Horseradish Mash, Wild Mushrooms, Madeira Sauce

### DESSERTS

Chocolate Brownie with Vanilla Ice Cream & Whiskey Sauce

Freshly Baked Apple Tart, Calvados Cream

Sugar Free - Spiced Peach, Apricot & Pear Compote with Orange Sauce

Maple Nut & Vanilla Ice Cream with Raspberry Sorbet, Orange Sauce